



Performance Report for: <http://gaiaherbs.com/>

Report generated: Mon, Oct 14, 2024 9:39 AM -0700 (via API)
Test Server Location: London, UK
Using: Chrome 117.0.0.0, Lighthouse 11.0.0
Analysis options: iPhone 13/13 Pro/13 Pro Max

D	Performance 64%	Structure 76%	L. Contentful Paint 925ms	T. Blocking Time 678ms	C. Layout Shift 0
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Top Issues

Med-High	Avoid enormous network payloads LCP	Total size was 4.29MB
Med	Avoid long main-thread tasks TBT	20 long tasks found
Med	Avoid an excessive DOM size TBT	1,802 elements
Med	Use explicit width and height on image elements CLS	32 images found
Med-Low	Serve static assets with an efficient cache policy	Potential savings of 262KB

Focus on these audits first

These audits likely have the largest impact on your page performance.

Structure audits do not directly affect your Performance Score, but improving the audits seen here can help as a starting point for overall performance gains.

Page Details



Total Page Size - 4.29MB



Total Page Requests - 219



How does this affect me?

Modern web users have a short attention span and expect a fast and seamless website experience. Delivering that fast experience can result in more traffic, more conversions, and more happiness.

As if you didn't need more incentive, **Google use Page Speed and Page Experience (including Web Vitals) signals in their ranking algorithm.**

About TheNextLevel



Take your mobile experience to The Next Level. Design and launch your mobile application within a matter of hours using our app studio. Get access to a wide range of tools to help you engage better with customers from intelligent push messaging powered by AI to community builder giving customers the ability to interact with your brand within your mobile app.

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

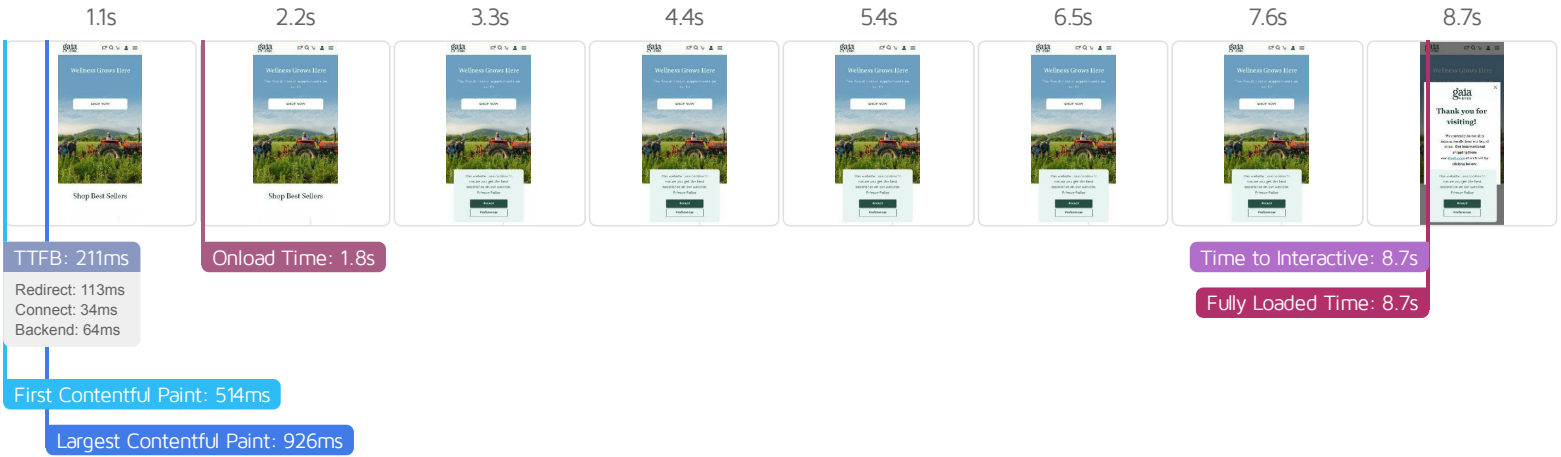
Gaia Herbs® Official Site: Herbal Supplements & More: Gaia Herbs®

/	301	gaiaherbs.com	0	111ms			
/	200	gaiaherbs.com	63.6KB	102ms			
D8iqMRHNuESkiA.js	200	rapid-cdn.yottaa.com	40.9KB	105ms			
10045987-10046154.js	200	cdn-4.convertexperi...	86B	118ms			
theme.css?v=1134091060...	200	gaiaherbs.com	83.5KB	57ms			
luo7xuz.css	200	use.typekit.net	2.78KB	67ms			
preloads.js?locale=en-US	200	gaiaherbs.com	2.02KB	311ms			
preloads.js?locale=en-US...	200	shop.app	553B	286ms			
load_feature-f4e7948c1c9...	200	gaiaherbs.com	4.11KB	245ms			
storefront-80e528be853ea...	200	gaiaherbs.com	19.1KB	293ms			
algolia_config.js?v=9354...	200	gaiaherbs.com	1.07KB	69ms			
algolia_dependency_font-...	200	gaiaherbs.com	4.85KB	45ms			
algolia_externals.js?v=29...	200	gaiaherbs.com	85.4KB	323ms			
algolia_init.js?v=1196264...	200	gaiaherbs.com	980B	46ms			
algolia_translations.js?v=...	200	gaiaherbs.com	1.50KB	286ms			
algolia_helpers.js?v=124...	200	gaiaherbs.com	2.01KB	249ms			
algolia_autocomplete_su...	200	gaiaherbs.com	1.26KB	245ms			
algolia_autocomplete_pr...	200	gaiaherbs.com	1.68KB	297ms			
algolia_autocomplete_col...	200	gaiaherbs.com	1.37KB	286ms			
algolia_autocomplete_arti...	200	gaiaherbs.com	1.37KB	286ms			
algolia_autocomplete_pa...	200	gaiaherbs.com	1.36KB	288ms			
algolia_autocomplete.js?...	200	gaiaherbs.com	2.06KB	289ms			
algolia_facets.js?v=13526...	200	gaiaherbs.com	1.98KB	289ms			
algolia_sort_orders.js?v=...	200	gaiaherbs.com	1.29KB	289ms			
algolia_instant_search.js...	200	gaiaherbs.com	5.16KB	310ms			
algolia_analytics.js?v=75...	200	gaiaherbs.com	1.56KB	296ms			
gh-test-site.js?shop=gh-t...	200	shopify-init.blackcro...	416B	279ms			
okendo-reviews.js	200	d3hw6dc1ow8pp2.cl...	8.49KB	296ms			
consentmo_cookie_cons...	200	cdn.shopify.com	43.1KB	240ms			
shopify-perf-kit-1.0.0.min.js	200	gaiaherbs.com	6.35KB	305ms			
new-gaia-logo-white_256...	200	gaiaherbs.com	7.37KB	310ms			
Gaia-Herbs-Logo_250x_2...	200	gaiaherbs.com	17.1KB	295ms			
430550_WEB_HPBanner_...	200	gaiaherbs.com	170KB	316ms			
tiny-slider.css	200	cdnjs.cloudflare.com	573B	159ms			
tiny-slider.js	200	cdnjs.cloudflare.com	11.1KB	154ms			
layout.js?v=53443462001...	200	gaiaherbs.com	40.6KB	325ms			
index.js?v=120055228962...	200	gaiaherbs.com	1.77KB	320ms			
p.css?s=1&k=luo7xuz&ht...	200	p.typekit.net	5B	19ms			
rebuy.js?shop=gh-test-sit...	200	cdn.rebuyengine.com	19.1KB	140ms			
bb27301d1w4f7f79fap829...	200	gaiaherbs.com	41.1KB	143ms			
trekkie.storefront.c1258b...	200	gaiaherbs.com	24.6KB	138ms			
shop_events_listener-61f...	200	gaiaherbs.com	3.41KB	213ms			
shopify-boomerang-1.0.0....	200	gaiaherbs.com	19.0KB	72ms			
MarkPro-Medium.otf	200	gaiaherbs.com	63.4KB	224ms			
Coffee_alternatives_1_80...	200	gaiaherbs.com	32.2KB	46ms			
Blooming_Nigella_with_B...	200	gaiaherbs.com	28.5KB	49ms			
2-Column_Greenhouse_5...	200	gaiaherbs.com	56.5KB	60ms			
L3A2094_FLAT_1_800x.jp...	200	gaiaherbs.com	180KB	60ms			
l?primer=7cdcb44be4a7d...	200	use.typekit.net	115KB	213ms			
MarkPro.otf	200	gaiaherbs.com	65.4KB	232ms			
MarkPro-Light.otf	200	gaiaherbs.com	64.6KB	213ms			
MarkPro-Bold.otf	200	gaiaherbs.com	66.9KB	215ms			
algolia_dependency_font...	200	gaiaherbs.com	63.9KB	214ms			

L3A1858_950x.jpg?v=169...	200	gaiaherbs.com	92.1KB	56ms	
MarkPro-LightItalic.otf	200	gaiaherbs.com	65.6KB	165ms	
Star_2_40x.png?v=16934...	200	gaiaherbs.com	2.37KB	53ms	
global.js?build=1728675062	200	cdn.rebuyengine.com	185KB	64ms	
global.min.css?build=172...	200	cdn.rebuyengine.com	18.6KB	53ms	
pixel.modern.js	200	gaiaherbs.com	4.67KB	58ms	
POST produce_batch	200	gaiaherbs.com	0	135ms	
POST produce_batch	200	gaiaherbs.com	0	117ms	
consent-tracking-api.js	200	gaiaherbs.com	5.24KB	43ms	
versioning?shop=gh-test-...	200	gdpr.apps.isenselab...	410B	54ms	
LionsManeMushroom_2cf...	200	gaiaherbs.com	25.6KB	45ms	
tiktok4_x490.png?v=1694...	200	gaiaherbs.com	37.5KB	86ms	
goldenmilk_large.png?v=...	200	gaiaherbs.com	37.3KB	65ms	
tiktok2_x490.png?v=1694...	200	gaiaherbs.com	31.8KB	45ms	
emotionalbalanca_ed87a...	200	gaiaherbs.com	27.5KB	64ms	
tiktok5_x490.png?v=1694...	200	gaiaherbs.com	31.0KB	56ms	
macaroot_large.png?v=1...	200	gaiaherbs.com	46.4KB	82ms	
L3A1812_1_FLAT_950x.pr...	200	gaiaherbs.com	91.9KB	73ms	
illustration_1_550x.png?v...	200	gaiaherbs.com	36.2KB	61ms	
SHOT_5_0292_1_FLAT_0...	200	gaiaherbs.com	228KB	65ms	
illustration2_550x.png?v=...	200	gaiaherbs.com	35.4KB	65ms	
SHOT_1_0069_FLAT_950...	200	gaiaherbs.com	57.3KB	69ms	
illustration3_550x.png?v=...	200	gaiaherbs.com	49.2KB	70ms	
POST produce_batch	200	gaiaherbs.com	0	128ms	
POST produce_batch	200	gaiaherbs.com	0	122ms	
config?shop=gh-test-site....	200	cached.rebuyengine....	4.51KB	22ms	
checklp	200	consentmo-geo.com	603B	84ms	
widget.min.js?shop=gh-te...	200	static.rechargecdn.com	118KB	43ms	
polyfills.legWBDja.js	200	cdn.shopify.com	14.9KB	59ms	
SmartBanner.js?id=6284f...	200	cdn.rebuyengine.com	1.00KB	38ms	
favicon-32x32_32x32.png...	200	gaiaherbs.com	2.08KB	51ms	
getCookieConsentSetting...	200	gdpr.apps.isenselab...	4.63KB	322ms	
app.B559N-Rz.js	200	cdn.shopify.com	367KB	60ms	
stylesheet?shop=gh-test-...	200	cached.rebuyengine....	2.22KB	320ms	
vendor-flickity.js?id=946e...	200	cdn.rebuyengine.com	12.8KB	34ms	
?key=552fa26c2d8700af7...	200	geo.rebuyengine.com	341B	57ms	
cart.json	200	gaiaherbs.com	1.50KB	80ms	
widget_settings.json	200	static.rechargecdn.com	1.76KB	228ms	
OPTIONS widget_settings...	200	static.rechargecdn.com	0	126ms	
vendors.js?id=956c040ca...	200	cdn.rebuyengine.com	43.6KB	45ms	
SmartCart.js?id=c86c5d9...	200	cdn.rebuyengine.com	17.7KB	56ms	
POST event	200	qoerum.yottaa-prod....	3B	53ms	
widget.js	(canceled)	staticw2.yotpo.com	3B	313ms	
okendo-reviews-core.84d...	200	d3hw6dc1ow8pp2.cl...	25.5KB	20ms	
okendo-reviews-styles.35...	200	d3hw6dc1ow8pp2.cl...	123B	15ms	
okendo-reviews-translati...	200	d3hw6dc1ow8pp2.cl...	8.67KB	16ms	
okendo-widget-init.9e2c0f...	200	d3hw6dc1ow8pp2.cl...	16.1KB	19ms	
search-insights.min.js	200	cdn.jsdelivr.net	2.87KB	68ms	
consent-tracking-api.js	200	cdn.shopify.com	4.45KB	63ms	
rakuten_advertising.js?s...	200	shopify.rakutenadver...	378B	214ms	
favicon-32x32_32x32.png...	200	gaiaherbs.com	0	39ms	
123926.ct.js?shop=gh-tes...	200	tag.rmp.rakuten.com	14.8KB	205ms	
shopify.js?x=hSZ0D3Qn5...	200	app.octaneai.com	107KB	192ms	
OnePage.DDEDIIIFQ.js	200	cdn.shopify.com	35.8KB	62ms	
zaius-shopify.js?shop=gh...	200	d174f84q5mcorf.clou...	2.29KB	105ms	
dtag.js?shop=gh-test-site...	200	cdn.attn.tv	3.31KB	1.1s	
klaviyo.js?company_id=P...	200	static.klaviyo.com	2.31KB	63ms	
rebuy-flickity.min.css?bui...	200	cdn.rebuyengine.com	1.33KB	53ms	
rebuy-smart-cart.min.css...	200	cdn.rebuyengine.com	4.26KB	30ms	
SmartCart-templates-Sma...	200	cdn.rebuyengine.com	9.71KB	47ms	
ReactivateLandingPage.j...	200	cdn.rebuyengine.com	5.76KB	42ms	
okendo-star-rating.177d8...	200	d3hw6dc1ow8pp2.cl...	5.08KB	10ms	

DeliveryMethodSelectorS...	200	cdn.shopify.com	21.0KB					42ms
POST graphql.json	200	gaiaherbs.com	2.00KB					219ms
fender_analytics.673ab99...	200	static-tracking.klaviy...	11.8KB					41ms
static.8d136cd44b74e818...	200	static-tracking.klaviy...	280B					42ms
runtime.c6067c71d376a2a...	200	static.klaviyo.com	7.64KB					15ms
sharedUtils.3ee3ffff305af...	200	static.klaviyo.com	17.7KB					19ms
vendors~signup_forms~p...	200	static.klaviyo.com	4.00KB					18ms
vendors~signup_forms~c...	200	static.klaviyo.com	2.85KB					22ms
vendors~signup_forms.ff...	200	static.klaviyo.com	4.24KB					19ms
default~signup_forms~on...	200	static.klaviyo.com	9.14KB					21ms
signup_forms.a279a1ac6...	200	static.klaviyo.com	5.60KB					10ms
vendors~signup_forms~p...	200	static-tracking.klaviy...	4.00KB					38ms
post_identification_sync.f...	200	static-tracking.klaviy...	2.73KB					33ms
MarkPro-Italic.otf	200	gaiaherbs.com	65.9KB					121ms
MarkPro-BoldItalic.otf	200	gaiaherbs.com	66.9KB					110ms
POST produce_batch	200	gaiaherbs.com	0					141ms
zaius-min.js	200	d1igp3oop3iho5.clou...	37.6KB					79ms
useUnauthenticatedError...	200	cdn.shopify.com	1.53KB					35ms
store_settings.json	200	static.rechargedcdn.com	183B					198ms
OPTIONS store_settings.j...	200	static.rechargedcdn.com	0					91ms
?key=552fa26c2d8700af7...	200	geo.rebuyengine.com	219B					32ms
settings?id=12336&cache...	200	cached.rebuyengine....	1.72KB					7ms
settings?id=50109&cache...	200	cached.rebuyengine....	1.72KB					5ms
fa-light-300.woff2	200	cdn.rebuyengine.com	185KB					132ms
p?rmch=cs&domain=ww...	200	consent.linksynergy....	37B					48ms
POST update.js	200	gaiaherbs.com	2.35KB					541ms
onsite?company_id=PqM...	200	fast.a.klaviyo.com	890B					28ms
full-forms	200	static-forms.klaviyo.c...	20.2KB					33ms
LegacyVaultedShippingM...	200	cdn.shopify.com	1.28KB					33ms
htushh77cu3qf37a	200	app.octaneai.com	191B					194ms
POST htushh77cu3qf37a	200	app.octaneai.com	200B					220ms
static?key=552fa26c2d87...	200	rebuyengine.com	1.66KB					163ms
styles?id=12336&format=...	200	cached.rebuyengine....	58B					8ms
52950?key=552fa26c2d87...	200	rebuyengine.com	10.0KB					134ms
zaius.gif?resolution=1170...	202	api.zaius.com	35B					272ms
css2?family=Kanit:ital,wg...	200	fonts.googleapis.com	1.66KB					48ms
vendors~reviews~atlas~C...	200	static.klaviyo.com	8.16KB					6ms
ClientStore.00ba351e0798...	200	static.klaviyo.com	18.5KB					6ms
9876?key=552fa26c2d870...	200	rebuyengine.com	24.9KB					677ms
Rollup.Btl2qmYY.js	200	cdn.shopify.com	2.40KB					28ms
532.6b7731948f1a181190b...	200	static.klaviyo.com	8.82KB					12ms
styles.c55c43061a96111d...	200	static.klaviyo.com	3.57KB					8ms
vendors~Render.0c25648...	200	static.klaviyo.com	13.0KB					9ms
Render.744fc49de038509...	200	static.klaviyo.com	32.2KB					13ms
POST track-analytics?co...	202	a.klaviyo.com	50B					376ms
OPTIONS track-analytics...	200	a.klaviyo.com	0					225ms
POST track-analytics?co...	202	a.klaviyo.com	50B					375ms
OPTIONS track-analytics...	200	a.klaviyo.com	0					222ms
SubscriptionPriceBreakd...	200	cdn.shopify.com	3.22KB					35ms
POST utrk	200	app.octaneai.com	136B					214ms
cart.json	200	gaiaherbs.com	1.61KB					119ms
RageClickCapture.C_OV...	200	cdn.shopify.com	2.08KB					38ms
unified-tag.js?v=4-latest_...	200	cdn.attn.tv	41.2KB					25ms
pe0TMImSLYBIv1o4X1M8...	200	fonts.gstatic.com	30.3KB					61ms
pe0TMImSLYBIv1o4X1M8...	200	fonts.gstatic.com	30.3KB					59ms
ShopPayLogo.D908Se9l.js	200	cdn.shopify.com	2.24KB					51ms
cart.json	200	gaiaherbs.com	1.61KB					97ms
d?attn_vid=6fd4803b583a...	200	gaiaherbs.attn.tv	266B					376ms
POST e?v=4.37.31_7e0dc...	204	events.attentivemobi...	332B					139ms
a0i.js	200	cdn.attn.tv	382B					349ms
POST produce_batch	200	gaiaherbs.com	0					135ms
PurchaseOptionsAgreem...	200	cdn.shopify.com	3.13KB					31ms

PickupPointCarrierLogo....	200	cdn.shopify.com	2.48KB						33ms	
hooks.D6PJISgl.js	200	cdn.shopify.com	3.83KB						33ms	
VaultedPayment.CSgcEE...	200	cdn.shopify.com	39.7KB						29ms	
OnePageModal.DIL5AJW...	200	cdn.shopify.com	1.43KB						28ms	
useShowShopPayOptin.D...	200	cdn.shopify.com	1.84KB						32ms	
Section.D7WUllIS.js	200	cdn.shopify.com	2.06KB						27ms	
useGooglePaySdk.Bw11K...	200	cdn.shopify.com	6.32KB						35ms	
Widget-templates-Widget-...	200	cdn.rebuyengine.com	2.68KB						57ms	
ShopPayLoginLoader.vU...	200	cdn.shopify.com	2.80KB						29ms	
POST unrenderedCreativ...	(canceled)	gaiaherbs.attn.tv	0						250ms	
publishMessage.B62Y0U...	200	cdn.shopify.com	2.14KB						32ms	
Gaia-Herbs-Immune-Loze...	200	cdn.shopify.com	18.3KB						48ms	
Gaia-Herbs-Immune-Loze...	200	cdn.shopify.com	17.6KB						38ms	
PayButtonSection.D3ITak...	200	cdn.shopify.com	4.62KB						37ms	
context.D0wH74x1.js	200	cdn.shopify.com	3.36KB						27ms	
DutyOptions.JkhiVRJm.js	200	cdn.shopify.com	4.82KB						29ms	
useAmazonContact.BJjV...	200	cdn.shopify.com	3.61KB						32ms	
StockProblemsLineItemLi...	200	cdn.shopify.com	1.78KB						32ms	
component-ShopPayVerif...	200	cdn.shopify.com	7.74KB						29ms	
index.CFyLdukQ.js	200	cdn.shopify.com	25.9KB						33ms	
app.DhZZMK7-.css	200	cdn.shopify.com	22.8KB						32ms	
OnePage.BL1uXB7_.css	200	cdn.shopify.com	1.76KB						29ms	
DeliveryMethodSelectorS...	200	cdn.shopify.com	2.94KB						30ms	
Rollup.o9Mx-fKL.css	200	cdn.shopify.com	1.07KB						31ms	
SubscriptionPriceBreakd...	200	cdn.shopify.com	842B						36ms	
RageClickCapture.DnkQ4...	200	cdn.shopify.com	849B						30ms	
ShopPayLogo.D_HPU8Dh...	200	cdn.shopify.com	829B						33ms	
PickupPointCarrierLogo....	200	cdn.shopify.com	792B						31ms	
VaultedPayment.Bk8Je7sl...	200	cdn.shopify.com	2.19KB						27ms	
Section.sQehCocD.css	200	cdn.shopify.com	819B						26ms	
ShopPayLoginLoader.CjG...	200	cdn.shopify.com	856B						29ms	
PayButtonSection.DF7trk...	200	cdn.shopify.com	876B						33ms	
DutyOptions.CiZGmwZL....	200	cdn.shopify.com	1.69KB						30ms	
useAmazonContact.D-Ox...	200	cdn.shopify.com	892B						27ms	
StockProblemsLineItemLi...	200	cdn.shopify.com	824B						26ms	
ShopPayVerificationSwitc...	200	cdn.shopify.com	1.41KB						27ms	
Gaia-Herbs-Logo_250x_2...	200	cdn.shopify.com	26.1KB						32ms	
POST track-analytics?co...	202	a.klaviyo.com	50B						190ms	
POST track-analytics?co...	202	a.klaviyo.com	50B						150ms	
810c02ec-2abf-4ef5-88e5-...	200	d3k81ch9hvuctc.clou...	21.9KB						57ms	
JustLovely.woff2	(canceled)	cdn.shopify.com	0						312ms	
MarkPro-Medium.woff2	(canceled)	cdn.shopify.com	0						327ms	
219 Requests 4.29MB (9.09MB Uncompressed) Fully Loaded 8.7s (Onload 1.8s)										



Performance Metrics

First Contentful Paint How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.	Good - Nothing to do here 514ms	Time to Interactive How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.	Much longer than recommended 8.7s
Speed Index How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.	Much longer than recommended 4.2s	Total Blocking Time How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.	Much longer than recommended 678ms
Largest Contentful Paint How long it takes for the largest element of content (i.e., a hero image) to be painted on your page. A good user experience is 1.2s or less.	Good - Nothing to do here 925ms	Cumulative Layout Shift How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.	Good - Nothing to do here 0

Browser Timings

Redirect	113ms	Connect	34ms	Backend	64ms
TTFB	211ms	First Paint	514ms	DOM Int.	1.2s
DOM Loaded	1.5s	Onload	1.8s	Fully Loaded	8.7s

Total size was 4.29MB

URL	TRANSFER SIZE
https://cdn.shopify.com/shopifycloud/checkout-web/assets/c1.en/app.B559N-Rz.js	367KB
https://www.gaiaherbs.com/cdn/shop/files/SHOT_5_0292_1_FLAT_0da1e212-c3d2-47ea-b807-01ceb74b93aa_950x.progressive.jpg?v=1694747654	228KB
https://cdn.rebuyengine.com/onsite/webfonts/fa-light-300.woff2	186KB
https://cdn.rebuyengine.com/onsite/js/global.js?build=1728675062	185KB
https://www.gaiaherbs.com/cdn/shop/files/L3A2094_FLAT_1_800x.jpg?v=1695655672	180KB
https://www.gaiaherbs.com/cdn/shop/files/430550_WEB_HPBanner_Evergreen_Farm_08242_420x@2x.progressive.jpg?v=1724692484	170KB
https://static.rechargecdn.com/assets/js/widget_min.js?shop=gh-test-site.myshopify.com	119KB
https://use.typekit.net/af/de0ac1/0000000000000000000013146/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fvd=n4&v=3	116KB
https://app.octaneai.com/htushh77cu3qf37a/shopify.js?x=hSZ0D3Qn5GHUhtqN&shop=gh-test-site.myshopify.com	107KB
https://www.gaiaherbs.com/cdn/shop/files/L3A1858_950x.jpg?v=1694715185	92.1KB

20 long tasks found

URL	START TIME	DURATION
https://cdn.shopify.com/extensions/3dfd4a34-e1af-46a9-a043-d11554ba37b8/consentmo-gdpr-187/assets/consentmo_cookie_consent.js	1.3s	183ms
https://cdn.rebuyengine.com/onsite/js/Widget-templates-Widget-recommended-template.js?id=c02f250390b1044576ee	3.9s	136ms
https://www.gaiaherbs.com/	508ms	126ms
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	8.1s	118ms
https://rapid-cdn.yottaa.com/rapid/lib/D8iqMRHNuESKiA.js	1.2s	99ms
https://cdn.rebuyengine.com/onsite/js/SmartCart-templates-SmartCart-default-template.js?id=e2ab36892d6cee123c6a	2.4s	96ms
https://www.gaiaherbs.com/cdn/wpm/bb27301d1w4f7f79fap82969c05mefc5317em.js	1.1s	77ms
https://static.rechargecdn.com/assets/js/widget.min.js?shop=gh-test-site.myshopify.com	1.9s	77ms
https://static.klaviyo.com/onsite/js/sharedUtils.3ee3ffff305afeb8e5df.js?cb=1&v2-route=1	8.0s	75ms
https://static.klaviyo.com/onsite/js/sharedUtils.3ee3ffff305afeb8e5df.js?cb=1&v2-route=1	3.0s	75ms
https://www.gaiaherbs.com/	744ms	70ms
https://static.klaviyo.com/onsite/js/vendors~reviews~atlas~ClientStore.dd9d02dd9fc376e8dd48.js	8.6s	70ms
https://cdn.attn.tv/growth-tag-assets/client-configs/a0i.js	3.8s	66ms
https://app.octaneai.com/htushh77cu3qf37a/shopify.js?x=hSZ0D3Qn5GHUHTqN&shop=gh-test-site.myshopify.com	2.7s	62ms
https://www.gaiaherbs.com/cdn/shopifycloud/shopify/assets/shop_events_listener-61fa9e0a912c675e178777d2b27f6cbd482f8912a6b0aa31fa3515985a8cd626.js	8.3s	59ms
https://cdn.rebuyengine.com/onsite/js/global.js?build=1728675062	1.7s	59ms
https://www.gaiaherbs.com/	923ms	58ms
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	4.0s	57ms
https://static.klaviyo.com/onsite/js/vendors~reviews~atlas~ClientStore.dd9d02dd9fc376e8dd48.js	8.4s	55ms
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	3.2s	53ms

1,802 elements

A large DOM will increase memory usage, cause longer style calculations, and produce costly layout reflows.

STATISTIC	ELEMENT	VALUE
Total DOM Elements		1802
Maximum DOM Depth	li > svg#Layer_10 > g > path.st1 <path class="st1" d="M23.8,38.2c-0.1,0-13.3-0.2-13.3-21.4c0-0.2,0.1-0.4,0.2-0.5c0.2-0.1,0.4-0.2...">	19
Maximum Child Elements	body.smart-cart--enabled <body class="smart-cart--enabled">	26

Med

Use explicit width and height on image elements

CLS

32 images found

Set an explicit width and height on image elements to reduce layout shifts and improve CLS.

FAILING ELEMENTS

div.swiper-slide > div.slide__item > div.item__image > img

```

```

div.swiper-slide > div.slide__item > div.item__image > img

```

```

div.swiper-slide > div.slide__item > div.item__image > img

```

```

div.swiper-slide > div.slide__item > div.item__image > img

```

```

div.swiper-slide > div.slide__item > div.item__image > img

```

```

Gaia Herbs Immune Lozenges Peppermint for Immune Support

```

```

Gaia Herbs Immune Lozenges Lemon for Immune Support

```

```

gaia herbs

```

```

div.ccontain > div.review-slider__content > div.review-slider__star > img

```

```

div.ccontain > div.review-slider__content > div.review-slider__star > img

```

```

div.ccontain > div.review-slider__content > div.review-slider__star > img

```

```

div.ccontain > div.review-slider__content > div.review-slider__star > img

```

```

div.ccontain > div.review-slider__content > div.review-slider__star > img

```

```

Gaia Herbs Turmeric Pills for Foundational Support || 60 ct

```

```

Gaia Herbs Lion's Mane Pills || 40 ct

```

```

Gaia Herbs Ashwagandha Root Pill for Stress Support || 60 ct

```

```

Gaia Herbs Adrenal Health Daily Support for Stress Support || 60 ct

```

```

Gaia Herbs Vitex Pills for Women || 60ct

```

```

Gaia Herbs Maca Root Capsules for Energy Support || 60 ct

```

```

div.blocks__breadcrumb-rating > div.breadcrumb-rating__rating > span.rating__stars > img.stars__image

FAILING ELEMENTS

```
<img class="stars__image" src="" srcset="//www.gaiaherbs.com/cdn/shop/files/Star_2_100x.png?v=1693482472 1920w" alt="" loading="lazy">
```

```
div.blocks__breadcrumb-rating > div.breadcrumb-rating__rating > span.rating__stars > img.stars__image  
<img class="stars__image" src="" srcset="//www.gaiaherbs.com/cdn/shop/files/Star_2_100x.png?v=1693482472 1920w" alt="" loading="lazy">
```

```
div.blocks__breadcrumb-rating > div.breadcrumb-rating__rating > span.rating__stars > img.stars__image  
<img class="stars__image" src="" srcset="//www.gaiaherbs.com/cdn/shop/files/Star_2_100x.png?v=1693482472 1920w" alt="" loading="lazy">
```

```
div.blocks__breadcrumb-rating > div.breadcrumb-rating__rating > span.rating__stars > img.stars__image  
<img class="stars__image" src="" srcset="//www.gaiaherbs.com/cdn/shop/files/Star_2_100x.png?v=1693482472 1920w" alt="" loading="lazy">
```

```
div.blocks__breadcrumb-rating > div.breadcrumb-rating__rating > span.rating__stars > img.stars__image  
<img class="stars__image" src="" srcset="//www.gaiaherbs.com/cdn/shop/files/Star_2_100x.png?v=1693482472 1920w" alt="" loading="lazy">
```

```
div.icon-with-cards__main__wrapper__card > div.icon-with-cards__content > div.icon-with-cards__image > img  
<img src="" aria-hidden="true" alt="" loading="lazy">
```

```
div.icon-with-cards__main__wrapper__card > div.icon-with-cards__content > div.icon-with-cards__image > img  
<img src="" aria-hidden="true" alt="" loading="lazy">
```

```
div.icon-with-cards__main__wrapper__card > div.icon-with-cards__content > div.icon-with-cards__image > img  
<img src="" aria-hidden="true" alt="" loading="lazy">
```

```
div.icon-with-cards__main__wrapper__card > div.icon-with-cards__content > div.icon-with-cards__image > img  
<img src="" aria-hidden="true" alt="" loading="lazy">
```

Postbiotics

```

```

Are all Mushrooms Addictive? The Truth About Lion's Mane, Turkey Tail, Chaga, &...

```

```

Go to Gaia Herbs Homepage

```

```

Certified B corporation

```

```

Med-Low

Serve static assets with an efficient cache policy

Potential savings of 262KB

A long cache lifetime can speed up repeat visits to your page.

URL	CACHE TTL	TRANSFER SIZE
https://d1igp3oop3iho5.cloudfront.net/v2/j1Av34hf8cLFxGjY8aenew/zaius-min.js	none	37.6KB
https://d174f84g5mcorf.cloudfront.net/v2/j1Av34hf8cLFxGjY8aenew/zaius-shopify.js?shop=gh-test-site.myshopify.com	none	2.64KB
https://cdn.attn.tv/growth-tag-assets/client-configs/a0i.js	none	382B
https://consent.linksynergy.com/consent/v3/p?rmch=cs&domain=www.gaiaherbs.com&sought=false&tp=gdpr&attr_sid=123926&aff_mid=47154&granted_date=2024-10-14T16:39:56.158Z&purposes=&vendors=&ext_id=ffa58511-3daf-4a99-919d-47d8340c48c9	none	282B
https://shop.app/checkouts/internal/preloads.js?locale=en-US&shop_id=5802524783	60 seconds	553B
https://cdn.attn.tv/gaiaherbs/dtag.js?shop=gh-test-site.myshopify.com	2 minutes	3.31KB
https://cdn.attn.tv/tag/4-latest/unified-tag.js?v=4-latest_4ebf8840c8	5 minutes	41.2KB
https://d3hw6dc1ow8pp2.cloudfront.net/reviews-widget-plus/js/okendo-reviews-core.84d23785.js	5 minutes	25.5KB
https://d3hw6dc1ow8pp2.cloudfront.net/reviews-widget-plus/js/okendo-reviews-translation.c0fa6869.js	5 minutes	8.67KB
https://d3hw6dc1ow8pp2.cloudfront.net/reviews-widget-plus/js/okendo-reviews.js	5 minutes	8.49KB
https://d3hw6dc1ow8pp2.cloudfront.net/reviews-widget-plus/js/okendo-reviews-styles.35ef0117.js	5 minutes	512B
https://shopify-init.blackcrow.ai/js/core/gh-test-site.js?shop=gh-test-site.myshopify.com&tagSrc=ShopifyThemeAppExtension	10 minutes	416B
https://app.octaneai.com/htushh77cu3qf37a/shopify.js?x=hSZ0D3Qn5GHUhtqN&shop=gh-test-site.myshopify.com	30 minutes	107KB
https://rapid-cdn.yottaa.com/rapid/lib/D8iqMRHNuESKiA.js	30 minutes	41.2KB
https://cdn-4.convertexperiments.com/js/10045987-10046154.js	30 minutes	312B
https://tag.rmp.rakuten.com/123926.ct.js?shop=gh-test-site.myshopify.com	24 hours	14.8KB
https://p.typekit.net/p.css?s=1&k=luo7xuz&ht=tk&f=18058.18059.18060.18065.14584.14585.14586.14587.9869.9870.9871.9872.18099.18100.18101.18106.18182.18183.18184.18189.18138.18139.18140.18145.18168.18169.18170.18175.18209.18210.18211.18212.18338.18339.18340.18345.18350.18351.18352.18357.18288.18289.18290.18295.18021.18022.18023.18028.18046.18047.18048.18053.18126.18127.18128.18133&a=51889162&app=typekit&e=css	7 days	172B
https://d3k81ch9hvuct.cloudfront.net/company/PqM29e/images/810c02ec-2abf-4ef5-88e5-65df6a70c5f2.png	30 days	21.9KB

Med-Low

Avoid CSS @import FCP LCP

2 resources found

Using CSS @import in an external stylesheet can add additional delays during the loading of a web page.

STYLESHEETS WITH @IMPORT STATEMENTS AND THE STYLESHEETS THEY IMPORT

<https://use.typekit.net/luo7xuz.css>

<https://p.typekit.net/p.css?s=1&k=luo7xuz&ht=tk&f=18058.18059.18060.18065.14584.14585.14586.14587.9869.9870.9871.9872.18099.18100.18101.18106.18182.18183.18184.18189.18138.18139.18140.18145.18168.18169.18170.18175.18209.18210.18211.18212.18338.18339.18340.18345.18350.18351.18352.18357.18288.18289.18290.18295.18021.18022.18023.18028.18046.18047.18048.18053.18126.18127.18128.18133&a=51889162&app=typekit&e=css>

<https://fonts.googleapis.com/css2?family=Kanit:ital,wght@0,100;0,200;0,300;0,400;0,500;0,600;0,700;0,800;0,900&family=Nunito+Sans:ital,wght@0,200;0,300;0,400;0,600;0,700;0,800;0,900&family=Poppins:ital,wght@0,100;0,200;0,300;0,400;0,500;0,600;0,700;0,800;0,900&display=swap>

Low

Reduce JavaScript execution time TBT

1.6s spent executing JavaScript

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this.

URL	TOTAL CPU TIME	SCRIPT EVALUATION	SCRIPT PARSE
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255 - Unattributable https://www.gaiaherbs.com/ https://static.klaviyo.com/onsite/js/sharedUtils.3ee3ffff305afeb8e5df.js?cb=1&v2-route=1 https://static.klaviyo.com/onsite/js/vendors~reviews~atlas~ClientStore.dd9d02dd9fc376e8dd48.js https://cdn.rebuyengine.com/onsite/js/Widget-templates-Widget-recommended-template.js?id=c02f250390b1044576ee https://cdn.shopify.com/extensions/3dfd4a34-e1af-46a9-a043-d11554ba37b8/consentmo-gdpr-187/assets/consentmo_cookie_consent.js https://cdn.rebuyengine.com/onsite/js/SmartCart-templates-SmartCart-default-template.js?id=e2ab36892d6cee123c6a https://app.octaneai.com/htushh77cu3qf37a/shopify.js?x=hSZ0D3Qn5GHUHTqN&shop=gh-test-site.myshopify.com https://cdn.rebuyengine.com/onsite/js/global.js?build=1728675062 https://d3hw6dc1ow8pp2.cloudfront.net/reviews-widget-plus/js/modules/okendo-star-rating.177d88c9.js https://static.rechargecdn.com/assets/js/widget.min.js?shop=gh-test-site.myshopify.com https://cdn.attn.tv/growth-tag-assets/client-configs/a0i.js https://rapid-cdn.yottaa.com/rapid/lib/D8iqMRHNuESKiA.js https://www.gaiaherbs.com/checkouts/internal/preloads.js?locale=en-US	1.2s 784ms 684ms 258ms 190ms 159ms 102ms 98ms 95ms 92ms 88ms 77ms 66ms 53ms 50ms	191ms 80ms 161ms 208ms 138ms 120ms 90ms 83ms 87ms 76ms 87ms 67ms 56ms 45ms 43ms	2ms 0ms 10ms 0ms 0ms 0ms 2ms 0ms 5ms 9ms 0ms 6ms 0ms 2ms 0ms

Low

Allow back/forward cache restoration

1 failure reason

Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations.

FAILURE REASON	FAILURE TYPE
The page has an unload handler in the main frame. https://www.gaiaherbs.com/	Actionable

Low

Use passive listeners to improve scrolling performance

4 event listeners not passive

Consider marking your touch and wheel event listeners as `passive` to improve your page's scroll performance.

URL	LOCATION
https://www.gaiaherbs.com/cdn/shop/t/152/assets/algolia_externals.js?v=29519840178773972841698083231	Line:0
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	Line:4
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	Line:4
https://static.klaviyo.com/onsite/js/vendors~reviews~atlas~ClientStore.dd9d02dd9fc376e8dd48.js	Line:0

Low

Eliminate render-blocking resources

FCP LCP

Potential savings of 95ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles.
 Resources that **may** be contributing to render-blocking include:

URL	TRANSFER SIZE	DOWNLOAD TIME
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/theme.css?v=113409106023681247631721746334	84.3KB	1.5s
• https://use.typekit.net/luo7xuz.css	3.01KB	760ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/algolia_dependency_font-awesome-4-4-0.min.css?v=3658377724753847531698083228	5.43KB	150ms
• https://rapid-cdn.yottaa.com/rapid/lib/D8iqMRHNuESKiA.js	41.2KB	1.4s
• https://cdn-4.convertexperiments.com/js/10045987-10046154.js	312B	814ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/algolia_init.js?v=119626443919753881161701708800	1.60KB	150ms

Low

Avoid chaining critical requestsFCPLCP

16 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Maximum critical path latency: 2.4s

INITIAL NAVIGATION



• https://api.zaius.com/v2/zaius.gif?resolution=1170x2532&color_depth=24-bit&viewport=1170x2532&source=direct&medium=none&java=0&language=en-us&character_set=utf-8&domain_lookup_time=14&server_connect_time=18&server_response_time=16&page_download_time=52&page_load_time=1577&total_load_time=1799&hostname=www.gaiaherbs.com&page%=02F&title=Gaia%20Herbs%20C2%AE%20Official%20Site%3A%20Herbal%20Supplements%20%26%20More%3A%20Gaia%20Herbs%20C2%AE&u=602980042&vuid=546d7d7f-d1c4-4fd0-b381-60832e9af480&new_user=1&zaius.js_source=2.4.1&tracker_id=j1Av34hf8cLxFgJY8aenw&event_type=pageview&data_source=JsvaScript&data_source_instance=www.gaiaherbs.com&data_source_version=2.4.1&idempotence_id=399a094e-e26b-4a3a-b7d1-77822b759aeb

Ensure text remains visible during webfont load FCP LCP

9 fonts found

Leverage the `font-display` CSS feature to ensure text is user-visible while webfonts are loading.

URL	POTENTIAL SAVINGS
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-Medium.otf	49ms
• https://use.typekit.net/af/de0ac1/00000000000000000000013146/27/?primer=7cdcb44be4a7db8877ffa5c0007b8dd865b3bbc383831fe2ea177f62257a9191&fv=d=n4&v=3	37ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro.otf	56ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-Light.otf	38ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-Bold.otf	40ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/algoija_dependency_fontawesome-webfont.woff?v=4.4.0	40ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-LightItalic.otf	34ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-Italic.otf	55ms
• https://www.gaiaherbs.com/cdn/shop/t/152/assets/MarkPro-BoldItalic.otf	44ms

Avoid multiple page redirects

FCP

LCP

Potential savings of 111ms

Redirects introduce additional delays before the page can be loaded.

URL	TIME SPENT
• http://gaiaherbs.com/	111ms
• https://www.gaiaherbs.com/	0ms

Avoid non-composited animations

2 animated elements found

Animations which are not composited can be janky and increase CLS.

ELEMENT	NAME
0 SHOP LEARN ABOUT MEET YOUR HERBS Sign In Find A Store <pre><nav class="nav-mobile" role="navigation" data-mobile-menu=""></pre>	
Unsupported CSS Property: box-shadow	box-shadow
Thank you for visiting! We currently do not ship internationally from our bran... <pre><div data-testid="POPUP" class="needsclick kl-private-reset-css-Xuajs1" style="flex: 1 1 0%;"></pre>	
Unsupported CSS Property: visibility	klaviyo-fadeinup

Reduce unused JavaScript LCP

Potential savings of 415KB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://cdn.rebuyengine.com/onsite/js/global.js?build=1728675062	185KB	95.9KB
https://static.rechargecdn.com/assets/js/widget_min.js?shop=gh-test-site.myshopify.com	119KB	75.3KB
https://www.gaiaherbs.com/cdn/shop/t/152/assets/algolia_externals.js?v=29519840178773972841698083231	85.4KB	63.1KB
https://app.octaneai.com/htushh77cu3qf37a/shopify.js?x=hSZ0D3Qn5GHUHTqN&shop=gh-test-site.myshopify.com	107KB	45.0KB
https://cdn.rebuyengine.com/onsite/js/vendors.js?id=956c040cade986224524	43.6KB	43.3KB
https://rapid-cdn.vottaa.com/rapid/lib/D8iqMRHNuESKia.js	41.2KB	26.8KB
https://cdn.attn.tv/tag/4-latest/unified-tag.js?v=4-latest_4ebf8840c8	41.2KB	23.9KB
https://d1igp3oop3iho5.cloudfront.net/v2/j1Av34hf8cLFxGjY8aenew/zaius-min.js	37.6KB	21.5KB
....src/web/WebContentManager.ts	2.17KB	2.04KB
....src/tracker.js	3.75KB	1.36KB
....src/push/optin.js	1.54KB	1.35KB
....src/web/ModalMaker.ts	1.37KB	1.21KB
....src/push/webPusher.ts	1.18KB	1.12KB
https://www.gaiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255	40.6KB	20.7KB

Low

Properly size images

Potential savings of 641KB

Serve images that are appropriately-sized to save cellular data and improve load time.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gaiaherbs.com/cdn/shop/files/SHOT_5_0292_1_FLAT_0da1e212-c3d2-47ea-b807-01ceb74b93aa_950x.progressive.jpg?v=1694747654	227KB	198KB
https://www.gaiaherbs.com/cdn/shop/files/430550_WEB_HPBanner_Evergreen_Farm_08242_420x@2x.progressive.jpg?v=1724692484	169KB	129KB
https://www.gaiaherbs.com/cdn/shop/files/L3A1858_950x.jpg?v=1694715185	91.2KB	84.8KB
https://www.gaiaherbs.com/cdn/shop/files/L3A1812_1_FLAT_950x.progressive.jpg?v=1695654837	91.0KB	79.2KB
https://www.gaiaherbs.com/cdn/shop/files/SHOT_1_0069_FLAT_950x.progressive.png_copy_950x.progressive.png.jpg?v=1695854013	56.4KB	49.1KB
https://www.gaiaherbs.com/cdn/shop/files/macaroot_large.png?v=1694649371	45.4KB	20.8KB
https://d3k81ch9hvuuct.cloudfront.net/company/PqM29e/images/810c02ec-2abf-4ef5-88e5-65df6a70c5f2.png	21.3KB	20.5KB
https://cdn.shopify.com/s/files/1/0058/0252/4783/products/Gaia-Herbs-Immune-Lozenges-Peppermint_LAC66024_101_PDP_400x400.png?v=1663685072	17.4KB	16.5KB
https://www.gaiaherbs.com/cdn/shop/files/goldenmilk_large.png?v=1694650459	36.3KB	15.8KB
https://cdn.shopify.com/s/files/1/0058/0252/4783/products/Gaia-Herbs-Immune-Lozenges-Lemon_LAC65024_101_PD_P_400x400.png?v=1663684116	16.6KB	15.8KB
https://www.gaiaherbs.com/cdn/shop/files/emotionalbalanca_ed87a0ec-6d10-41af-a2ed-a40823ae028e_large.png?v=1694649367	26.6KB	11.8KB

Low

Defer offscreen images

Potential savings of 22.7KB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gaiaherbs.com/cdn/shop/files/Gaia-Herbs-Logo_250x_2x_70d5128f-504f-4b28-8924-73b4999c9fd7_250x@2x.png?v=1618589396	16.2KB	16.2KB
https://www.gaiaherbs.com/cdn/shop/files/new-gaia-logo-white_256x256_4ad8adb3-40c5-4a58-b39b-ec2a14d2f87b_250x@2x.png?v=1618588694	6.46KB	6.46KB

Low

Serve images in next-gen formats

Potential savings of 34.1KB

Image formats like WebP and AVIF often provide better compression than PNG or JPEG, which means faster downloads and less data consumption.

URL	RESOURCE SIZE	POTENTIAL SAVINGS
https://www.gaiaherbs.com/cdn/shop/files/2-Column_Greenhouse_579x462_1080x_8c88cbc9-bb29-49fc-acfa-06ed975bc98a_800x.jpg?v=1630496688	55.5KB	14.5KB
https://d3k81ch9hvuctc.cloudfront.net/company/PqM29e/images/810c02ec-2abf-4ef5-88e5-65df6a70c5f2.png	21.3KB	10.6KB
https://www.gaiaherbs.com/cdn/shop/articles/Coffee_alternatives_1_800x.jpg?v=1677019758	31.3KB	9.01KB

Low

Remove duplicate modules in JavaScript bundles TBT

Potential savings of 4.32KB

Remove large, duplicate JavaScript modules from bundles to reduce unnecessary bytes consumed by network activity.

SOURCE	TRANSFER SIZE	POTENTIAL SAVINGS
../src/index.ts		4.32KB
https://www.gaiaherbs.com/cdn/shopifycloud/consent-tracking-api/v0.1/consent-tracking-api.js	4.53KB	
https://cdn.shopify.com/shopifycloud/consent-tracking-api/v0.1/consent-tracking-api.js	4.32KB	

Low

Reduce unused CSS FCP LCP

Potential savings of 93.0KB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity.

URL	TRANSFER SIZE	POTENTIAL SAVINGS
https://www.gaiaherbs.com/cdn/shop/t/152/assets/theme.css?v=113409106023681247631721746334	84.3KB	76.1KB
https://cdn.rebuyengine.com/onsite/css/global.min.css?build=1728675062	18.6KB	16.9KB

N/A

Avoid serving legacy JavaScript to modern browsers TBT

Potential savings of 29.8KB

Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. For your bundled JavaScript, adopt a modern script deployment strategy using module/nomodule feature detection to reduce the amount of code shipped to modern browsers, while retaining support for legacy browsers.

URL	POTENTIAL SAVINGS
https://cdn.jsdelivr.net/npm/search-insights@2.6.0/dist/search-insights.min.js Line:0 Column:4369	10.1KB
https://d1gip3oop3iho5.cloudfront.net/v2/j1Av34hf8cLFxGjY8aenew/zaius-min.js Line:0 Column:76420 Line:0 Column:76078 Line:0 Column:75947 Line:0 Column:75440 Line:0 Column:75297	9.73KB
https://cdnjs.cloudflare.com/ajax/libs/tiny-slider/2.9.2/min/tiny-slider.js Line:0 Column:33	9.54KB
https://www.gaiiaherbs.com/cdn/shopifycloud/shopify/assets/shopify_pay/storefront-80e528be853eac23af2454534897ca9536b1d3d04aa043b042f34879a3c111c8.js?v=20220906 Line:1 Column:15384 Line:1 Column:18677	123B
https://www.gaiiaherbs.com/cdn/shopifycloud/shopify/assets/shop_events_listener-61fa9e0a912c675e178777d2b27f6cbd482f8912a6b0aa31fa3515985a8cd626.js Line:0 Column:400	70B
https://static.klaviyo.com/onsite/js/vendors-signup_forms.ffb16c5d33241b7ebc9d.js?cb=1&v2-route=1 Line:1 Column:2166	58B
https://www.gaiiaherbs.com/cdn/shop/t/152/assets/layout.js?v=53443462001154406721713193255 Line:16 Column:4340	52B
https://static.klaviyo.com/onsite/js/vendors-Render.0c25648017ae73d787f3.js Line:0 Column:2424	50B
https://www.gaiiaherbs.com/cdn/shop/t/152/assets/algolia_externals.js?v=29519840178773972841698083231 Line:0 Column:26068	49B
https://cdn.shopify.com/extensions/3dfd4a34-e1af-46a9-a043-d11554ba37b8/consentmo-gdpr-187/assets/consentmo_cookie_consent.js Line:0 Column:8223	36B

N/A	Largest Contentful Paint element	LCP	930 ms
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This is the largest contentful element painted within the viewport.

ELEMENT

Home Page Farm Tractor Desktop Banner

```

```

PHASE	% OF LCP	TIMING
TTFB	18%	163ms
Load Delay	30%	275ms
Load Time	13%	117ms
Render Delay	40%	368ms

N/A **Minimize main-thread work** TBT Main-thread busy for 4.6s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this.

CATEGORY	TIME SPENT
Script Evaluation	2.0s
Other	1.2s
Style & Layout	962ms
Rendering	129ms
Parse HTML & CSS	113ms
Script Parsing & Compilation	86ms
Garbage Collection	48ms

N/A **Reduce initial server response time** FCP LCP Root document took 16ms

Keep the server response time for the main document short because all other requests depend on it.

URL	TIME SPENT
https://www.gaiaherbs.com/	16ms

N/A **Reduce the impact of third-party code** TBT Third-party code blocked the main thread for 66ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading.

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
REBUYENGINE.COM	556KB	28ms
• https://cdn.rebuyengine.com/onsite/js/SmartCart-templates-SmartCart-default-template.js?id=e2ab36892d6cee123c6a	9.71KB	26ms
• https://cdn.rebuyengine.com/onsite/js/Widget-templates-Widget-recommended-template.js?id=c02f250390b1044576ee	2.68KB	2ms
• https://cdn.rebuyengine.com/onsite/webfonts/fa-light-300.woff2	186KB	0ms
• https://cdn.rebuyengine.com/onsite/js/global.js?build=1728675062	185KB	0ms
• https://cdn.rebuyengine.com/onsite/js/vendors.js?id=956c040cade986224524	43.6KB	0ms
• Other resources	129KB	0ms

THIRD-PARTY	TRANSFER SIZE	MAIN-THREAD BLOCKING TIME
YOTPO	466B	0ms
BLACKCROW.AI	416B	0ms
CONVERT INSIGHTS	312B	0ms
RAKUTEN LINKSHARE	282B	0ms
YOTTAA-PROD.COM	191B	0ms
ZAIUS	146B	0ms

N/A

User Timing marks and measures

10 user timings

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences.

NAME	TYPE	START TIME	DURATION
wpm:pixel:register:387416200:app	Measure	1.1s	607ms
shopify.content_for_header.start	Mark	393ms	0ms
shopify.content_for_header.end	Mark	403ms	0ms
wpm:start	Mark	424ms	0ms
wpm:pixel:register:started:387416200:app	Mark	1.1s	0ms
wpm:pixel:register:completed:387416200:app	Mark	1.7s	0ms
attn.tag-core.loaded	Mark	3.4s	0ms
attn.tag-creatives.loaded	Mark	3.4s	0ms
attn.fetch-creatives.start	Mark	3.8s	0ms
attn.fetch-creatives.end	Mark	4.1s	0ms

N/A

Avoid large layout shifts

CLS

Nothing to do here, good job!